

# Work Values

Just like skills and interests, knowing your work values will help you find the career that is right for you. A value is something that is of great importance to you. When the work you are doing matches your values, you're more likely to be satisfied and happy in your job.

**Directions:** Look through the list and check those values you would need to be happy at work. Then circle the three values that are the most important to you. As you set your job goals, keep these values in mind, especially the three you have circled as most important to you. Understanding your values can help you select a job that is a good fit for you.

## Job Satisfaction:

- ☐ Enjoy and feel good about the work that I do
- ☐ Family and friends approve of what I do
- ☐ Challenging and interesting work
- ☐ Work for a company with a good name
- ☐ Able to use talents, skills, and abilities
- ☐ Access to the tools, training, and other resources
- ☐ Opportunities for advancement within the company
- ☐ Be able to direct and supervise others

## Money:

- ☐ Good wages
- ☐ A workers' union
- ☐ Chance to advance in my job
- ☐ Good benefits (Sick leave, insurance, vacation etc.)
- ☐ Job is located in a specific area

## Work Environment:

- ☐ Safe working conditions
- ☐ Clean work area
- ☐ Quiet work area
- ☐ A lot of activity in work area
- ☐ Get along well with everyone
- ☐ Work with culturally diverse people

## Supervision Style:

- ☐ A lot of supervision
- ☐ Some supervision
- ☐ Little supervision
- ☐ Have a supportive and fair supervisor

## Time:

- ☐ Same hours and days to work
- ☐ Opportunity for overtime

## Others:

\_\_\_\_\_

\_\_\_\_\_

## My Top Three Values: