



Career Planning For People With A Criminal Conviction

STEP AHEAD to a Successful Job Search



PLAN FOR YOUR FUTURE

Job seekers with criminal convictions find resources for a successful job search.

ASSESS Yourself

Learn about your work skills, interests, and work values.

EXPLORE Careers

Discover career options. Learn how to explore the job market. See wages, employment outlook, and the training needed for different careers. Watch career videos.

CREATE a Plan & Set Goals

Set SMART goals and make your career plan.

EXPAND Skills

See which skills employers want and learn how to develop them. Find tips for going to college, including Financial Aid information for people with a criminal conviction. Search for Adult Basic Education providers, apprenticeships, and Minnesota State colleges and universities.

FIND a Job

Learn about the hiring process. Understand job search after release including how jobs are affected by a criminal record. Understand employer incentives for hiring people with a criminal conviction. Develop your resume. Be prepared to answer tough questions about your past with interview tip. Get help with your job search.

MANAGE Your Career

Learn strategies to help you manage setbacks and obstacles so that you can keep moving forward in your career.

STEP AHEAD
to the Perfect Career at

CAREERwise.minnstate.edu/exoffenders



Career Planning For People With A Criminal Conviction

RESOURCES FOR CAREER COUNSELORS

NEED A PLAN FOR THEIR FUTURE?

Career Planning for People with a Criminal Conviction provides information and tools to help you counsel students and job seekers with a criminal conviction.

Visit the counselor resources on the website to find:

- **Worksheets and activities** to help jobseekers plan a successful search. Download individual activities/worksheets or the entire workbook.
- **What's New.** Learn about recent updates and sign up to receive alerts when new features are available.
- Links to **other resources on the web** for counselors and workforce professionals who work with people with a criminal conviction.

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Features you can find on the website

Online Practice Job Application

Use this training tool to prepare for filling out online job applications.

bit.ly/2YJe3R6

Community Resources

Providers and programs to help you find employment, housing, transportation and other transition services. Also find information about child care, health care, legal resources, and more.

bit.ly/2KrIAd1

Workbook

Download individual workbook activities or the entire workbook.

bit.ly/2YEr2n2

Sample activities include:

- Matching Interests to Work Options (assessment)
- Job Search Schedule
- Application for Employment (includes information about "Ban the Box")
- Discussing Your Criminal Conviction
- Employer Incentives: Work Opportunity Tax Credit and Minnesota Federal Bonding Program
- Professionalism
- Sexual Harrassment

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