What to Wear to a Job Interview

What you wear to a job interview is important. While an employer is going to make decisions based on how well you interview, what you wear also plays a role. An employer is going to form a first impression about you based on how you dressed for the interview. That is why it is always important to dress professionally.

**Professional business attire** is typically your best option for a job interview, especially if you are interviewing for a job in an office setting.

A nice suit with a dress shirt and dress shoes is a great option. If you do not own a suit, nice dress pants, a tucked in dress shirt, and a jacket is a good option.

Depending on the job you are interviewing for, business casual clothing could be an option to wear to an interview. Examples are jobs at a warehouse, construction company, or other places that don’t typically require you to dress up for work. Business casual attire still needs to look professional. An example is a nice polo shirt or button down tucked into khaki pants with dress shoes.

Some clothing should always be avoided when dressing for an interview. This includes hoodies/sweatshirts, jeans (especially jeans with holes), t-shirts, sweatpants, sandals, and tennis shoes. Revealing clothing or clothing that is bright or distracting should also be avoided.

**Other interview tips:**
- Make sure your clothes are clean and ironed if possible.
- Plan and layout your interview attire the night before your interview. This will help you to pick the perfect outfit, and you won’t be rushing before your interview.
- It is important to have good hygiene for your interview. Make sure your hair is well groomed and your nails are trimmed and clean.
- Avoid wearing strong smelling perfume or cologne. It can be distracting and someone may be allergic.